



# Gym Schedule - January 2010

Start date of activities vary and schedule subject to change without notice.

MON 6am - 9pm	TUES 6am - 9pm	WED 6am - 9pm	THURS 6am - 9pm	FRI 6am - 8pm**	SAT 8am - 5pm	SUN 10am - 5pm
morning - morning - morning - morning - morning - morning - morning - morning - morning - morning - morning						
Indoor Cycling \$\$ 6-7am - Gym A	Adult Open Gym Basketball \$ 6:7:30am - Gym B	Indoor Cycling \$\$ 6-7am - Gym A	Adult Open Gym Basketball \$ 6-7:30am - Gym B	Jazzercise \$\$ 6:15-7:15am - Gym A	Jazzercise \$\$ 8-9am - Gym A	SBCC Info Line (425) 452-4165 daily drop-in schedule schedule changes special events
Kari's Boot Camp \$\$ 8:45-9:45am - Gym B	Jazzercise \$\$ 8-9am - Gym A	Kari's Boot Camp \$\$ 8:45-9:45am - Gym B	Jazzercise \$\$ 8-9am - Gym A	Jazzercise Lite \$\$ 8-9am - Gym A	BGC Youth Basketball League \$\$ 9am-8pm Gym A & B	
Jazzercise \$\$ 9:30-10:30am - Gym A	Parent/Child Indoor Play \$ 9am - 11:30am - Gym B	Jazzercise \$\$ 9:30-10:30am - Gym A	Parent/Child Indoor Play \$ 9am - 11:30am - Gym B	Jazzercise \$\$ 9:30-10:30am - Gym A		
Parent/Child Indoor Play \$ 10am - 12pm - Gym B	Kari's Boot Camp Plus \$\$ 9:15 - 10:15am - Gym A	Parent/Child Indoor Play \$ 10am - 12pm - Gym B	Kari's Boot Camp Plus \$\$ 9:15 - 10:15am - Gym A	Parent/Child Indoor Play \$ 10am -12pm Gym B		
	Adult Open Gym Pickleball \$ 10:45-12:45pm - Gym A					
afternoon - afternoon - afternoon - afternoon - afternoon - afternoon - afternoon					afternoon	afternoon
Indoor Cycling \$\$ 12-1pm - Gym A	SBCC Info Line (425) 452-4165 Daily drop-in schedule, schedule changes & special events			Indoor Cycling \$\$ 12-1pm - Gym A	Adult Basketball and Volleyball League Contact: Shirley Louie (425) 452-4479 slouie@bellevuewa.gov	Family Open Gym Badminton 12:30-2:30pm - Gym B
Adult Open Gym Basketball \$ 12-2pm - Gym B	Adult Open Gym Badminton \$ 12:30-2:30pm - Gym B	Adult Open Gym Basketball \$ 12-2pm - Gym B	Adult Open Gym Badminton \$ 12:30-2:30pm - Gym B			Family Open Gym Basketball 2:30-4:45pm - Gym B
BGC Project Learn \$\$ 2-6pm - Gym A	BGC Project Learn \$\$ 2-6pm - Gym A	BGC Project Learn \$\$ 12:30-6pm - Gym A	BGC Project Learn \$\$ 2-6pm - Gym A	BGC Project Learn \$\$ 2-6pm - Gym A		Side A is available for Rentals
BGC Teen Open Gym Ages 13 - 18 3-6pm - Gym B	BGC Teen Open Gym Ages 13 - 18 3-6pm - Gym B	BGC Teen Open Gym Ages 13 - 18 3-6pm - Gym B	BGC Teen Open Gym Ages 13 - 18 3-6pm - Gym B	BGC Teen Open Gym Ages 13 - 18 3-6pm - Gym B		
evening - evening - evening - evening - evening - evening - evening - evening - evening - evening - evening						
Fit Camp \$\$ 6-7pm - Gym B	BGC Youth Basketball \$\$ 6-8pm - Gym A&B	Fit Camp \$\$ 6-7pm - Gym B	BGC Youth Basketball 6-8pm - Gym A&B \$\$	BGC Youth Basketball \$ 6-8pm - Gym A	SBCC is available for RENT until midnight (groups up to 150 people)	Adult Volleyball League \$\$ 6-10:30pm Gym A & B
BGC Youth Basketball \$\$ 6-8pm - Gym A		BGC Youth Basketball \$ 6-8pm - Gym A		(** SBCC closes at 8pm)		
Adult Basketball League \$ 8-10:30pm Gym A & B	Adult Basketball League \$ 8-10:30pm Gym A & B	Adult Open Gym Badminton \$ 7-8:45pm - Gym A	Adult Basketball League \$ 8-10:30pm Gym A	BBGC Teen Late Night 8-11pm - Gym A 6-11pm - Gym B		
\$ = Requires Registration		Adult Basketball League \$ 8-10:30pm Gym A	Children must be supervised at all times			
\$ = Drop in Fee applies: \$2.50 - Resident / \$3 - Non-Resident			This information will be provided in alternate formats for individuals with disabilities upon request. We invite everyone's participation. Please provide two weeks advance notice for accommodation requests. Assistance for the Deaf/Hard of hearing can be provided through the 711 Telecommunications Relay Service.			